



## MISSION STATEMENT

Our mission is to reduce companies' risks and increase safety through affordable training, education, and customized consultation to private sector businesses and public safety organizations.

This training is designed to support law enforcement with the most effective response to those exhibiting mental health, substance use, trauma, and challenging behaviors. Topics include but are not limited to identifying potentially related issues, most effective de-escalation skills, assessing risk, identifying the least restrictive stabilization for individuals' safety, officer safety, and community safety.

These trainings are designed to be most applicable to the law enforcement perspective, appreciating and building from the unique experience of law enforcement expertise.

The training modules also include a wellness component as well, for taking care of ourselves and each other.

Each module will have topic areas to learn about mental health, substance use, trauma, and related issues as applicable to law enforcement response. The focus on each training piece will be to provide learning to enhance stabilization, de-escalation for those in crisis, as well as attention to areas for enhancing officer safety.

Each day will conclude with applicable officer wellness issues that relate to all of us. Mental fitness and building resiliency to manage the stress that is inevitable in a career with the noblest profession. The focus of these sections will be on how to accept the trauma-impacted by law enforcement professionals, how we can support, manage and build upon these experiences to be successful, professionally and personally.

Each training module is an 8-hour training day.

- **This course has been approved as a CIT-equivalent for the IACP's One Mind Campaign requirements.**
- **Modules are held in the Spring and Fall – One Monday a month for 3 consecutive months.**
- **You do NOT need to take the modules in order.**

## CONTACT US

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## Module 1: Law Enforcement and Mental Health Collaboration

- ✓ Intro to mental illness and law enforcement issues: De-escalation and stabilization
- ✓ Mental Illness: Psychosis and Delusional Disorder
- ✓ Trauma: including children and adolescents
- ✓ Lived experience and resources
- ✓ Personality Disorders
- ✓ Conduct Disorders
- ✓ System issues for those resistant to treatment and support
- ✓ Suicidal/Homicidal Risk  
Assessment: de-escalation and stabilization
- ✓ Suicide By Cop
- ✓ Excited Delirium
- ✓ Officer Wellness
- ✓ Lived experience and resources

## Module 3: Law Enforcement and Behavioral Health Collaboration

- ✓ Intro to law enforcement and behavioral health issues: De-escalation and stabilization
- ✓ Developmental & Intellectual Disabilities and spectrum disorders
- ✓ Dementia and Elopement
- ✓ Veteran
- ✓ Lived experiences and resources
- ✓ Equity/Cultural Awareness
- ✓ Lived experiences and resources
- ✓ Policy/Procedures and protective custody laws
- ✓ Officer Wellness
- ✓ Lived experience and resources

## Module 2: Law Enforcement and Substance Use Collaboration

- ✓ Intro to substance use and law enforcement issues: De-escalation and stabilization
- ✓ Substance use
- ✓ Trauma
- ✓ Lived experience and resources
- ✓ System issues for those resistant to treatment and support
- ✓ Co-occurring
- ✓ Suicide By Cop
- ✓ Excited Delirium
- ✓ Officer Wellness
- ✓ Lived experience and resources

## Module 4: Law Enforcement and Behavioral Health Collaboration

- ✓ Current and up to date issues with law enforcement and behavioral health collaboration in active simulated training combining agencies, dispatch, rescue for training in critical incident



**Instructor Jo Freedman**

**Law Enforcement Embedded clinician  
for more than 15 years!**